





FORRESTON JR/SR HIGH

NOVEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef Tacos Black Bean Salad Corn/Lettuce/Cheese Peaches	2 Pork Tenderloin w/bun Mac & Cheese Wedge Mixed Veggies Applesauce	3 Ham & Potatoes Tossed Salad Broccoli Pineapple Nahos/Taco in a Bag
6 Pizza Tossed Salad Carrots Peaches Soup/Sandwich	7 Chicken Patty w/Bun Onion Rings Green Beans Pears	8 Chicken Enchiladas Refried Beans Corn/Lettuce/Cheese Pineapple	9 Ham & Cheese Wrap Chips Veggie/Dip Apple Slices Nahos/Taco in a Bag	10 NO SCHOOL 
13 Pizza Tossed Salad Green Beans Peaches Soup/Sandwich	14 Cheeseburger w/bun Fries Carrots Pineapple	15 Beef Tacos Corn/Lettuce/Cheese Mandarin Oranges	16 Hot Dog w/bun Mac & Cheese Baked Beans Pears Nahos/Taco in a Bag	17 Thanksgiving Dinner with all the Trimnings
20 Pizza Tossed Salad Green Beans Pineapple Soup/Sandwich	21 Grilled Chicken w/bun Chips Veggies/Dip Apple Slices Grilled Chicken w/bun	22 		
27 Chicken Tacos Spanish Rice Corn/Lettuce/Cheese Peaches Soup/Sandwich	28 Corn Dog Seasoned Fries Green Beans Applesauce	29 Pizza Tossed Salad Peas Pears	30 Chicken Nuggets Fries Green Beans Pears	

Menu subject to change without notice

All Meals include Milk; Nonfat Chocolate, 1% White and Nonfat White

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