



FORRESTON JR/SR HIGH

JANUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Chicken Fajita Spanish Rice Corn/Cheese Pineapple Soup/Sandwich	5 Chicken Nuggets Fries Carrots Peaches	6 Pizza Tossed Salad Carrots Pineapple Pulled Pork Nachos	7 Chicken Patty w/bun Mashed Potatoes w/gravy Peas Pears	8 Hamburger/Corn Casserole Tossed Salad Pineapple Nachos/Taco in a Bag
11 Cheeseburger w/bun Fries Green Beans Mandarin Oranges	12 Hot Dog w/bun Mac & Cheese Baked Beans Apple Slices	13 Pizza Tossed Salad Peas Pears WINGS w/ sauces	14 Pork Tenderloin w/bun Mac & Cheese Wedge Coleslaw Applesauce	15 Chicken/Gravy over Biscuit Tossed Salad Broccoli Pineapple Nachos/Taco in a Bag
18 IF I CANNOT DO GREAT THINGS I CAN DO SMALL THINGS IN A GREAT WAY -MARTIN LUTHER KING JR	19 Corn Dogs Fries Green Beans Applesauce	20 Beef Tacos Black Bean Salad Corn/Lettuce/Cheese Pears Swt/Sr Chicken	21 Potato Bowl Tossed Salad Mandarin Oranges	22 BBQ Pulled Pork Chips Veggies/Dip Apple Slices Nachos/Taco in a Bag
25 Beef Tacos Spanish Rice Corn/Lettuce/Cheese Applesauce Soup/Sandwich	26 Deli Sandwich Chips Veggies/Dip Apple Slices	27 Pizza Tossed Salad Peas Peaches Shrimp Poppers	28 BREAKFAST Cinnamon Roll	29 Beef and Noodles Tossed Salad Mandarin Oranges Nachos/Taco in a Bag

Menu subject to change without notice

All Meals include Milk; Nonfat Chocolate, 1% White

USDA is an equal opportunity Employer